

the newham mag

ISSUE 148
28 June 2008



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attack



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Hazard

> **Centre Pages** Let Newham Show you a good time: your programme inside



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the newham mag



After months of preparation the Mayor's Newham Show is almost upon us – and what a show it'll be! It's a day packed with entertainment, information and all things Newham. This year we're going green and showing you how you can too

– remember to take part in the Newham Mag Trail and win great prizes – turn to page 11 for more details.

With this issue you should have received an adult summer leisure and entertainment guide; young people can grab their summer brochure through schools, libraries, leisure and local service centres. See you at the Show!



Anita

On the cover:
Pupils from Vicarage school anticipate the Newham Show

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For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

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Look out for the next issue from 12 July

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Published by the London Borough of Newham

IN BRIEF //

Newham schools given specialist status

Little Ilford and Rokeby schools have been awarded specialist status by the Government. Little Ilford School in Manor Park is now a specialist Combined Maths and Computing and Arts school and Rokeby School in Stratford is a specialist Combined Maths and Computing and Languages school.

Have your say on maternity services in Newham

The Primary Care Trust is aiming to expand and improve local maternity services and is offering you the chance to have your say on how it's done. Join the consultation on maternity services at the Mayor's Newham Show on Saturday 12 and Sunday 13 July and at the Newham NHS 60 celebrations, A World of Health – Celebrating NHS 60, on Saturday 19 July at Newham General Hospital.

Council committee meetings

The following meetings all take place at Newham Town Hall, East Ham:

Investment and Accounts Committee:
Monday 30 June, 6.30pm;

Admissions Forum:
Tuesday 1 July, 6.30pm;

Health Scrutiny Commission:
Tuesday 1 July, 7pm;

Development Control Committee:
Wednesday 2 July, 6.30pm;

Mayoral Proceedings:
Thursday 3 July, 10am;

Licensing (2003 Act)

Sub-Committee (Provisional):
Thursday 3 July, 10am;

Licensing (2003 Act)

Sub-Committee (Provisional):
Monday 7 July, 10am;

Standards Committee:
Monday 7 July, 6.30pm;

Land Panel:

Friday 11 July, 2008 8am.

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on www.newham.gov.uk



Canning Town and Custom House regeneration makes strides

Two new consortia have been selected to work with the council and London Thames Gateway Development Corporation in the £3.7 billion physical, social and economic regeneration of Canning Town and Custom House. Mayor Sir Robin Wales and his cabinet gave the go-ahead to Bouygues and E-Central in joining Countryside Properties on the panel of developers, with Modus as a reserve.

Sir Robin Wales said: "We are delighted with the range of talents that the developers offer. I hope it will be a fruitful partnership, which will result in delivering much-needed economic investment and prosperity for the area."

The approval of the new consortia will trigger the next phase in the regeneration. Progress includes the development of an area around Fife Road. In addition, designs are currently being developed for the Rathbone Market site. Planning applications for these projects are expected to be submitted this year.

Food for thought at Stratford Shopping Centre

Council food safety officers took to the streets to promote National Food Safety Week and raise awareness of the importance of food hygiene. Over the week, schools and businesses received free advice from the team on keeping food fresh.

Shoppers in Stratford's shopping centre were also treated to advice on safe food preparation.

Executive member for housing and public protection, Councillor Andrew Baikie, visited the stall at Stratford Shopping Centre. He said: "The food



safety team plays a vital role in protecting the borough against food-related illnesses.

"The key messages to remember are: 'keep it hot, keep it cold or don't keep it at all' and: 'keep it clean and keep it safe'."

News

East Ham's free health boost

For a health check-up, tai chi, head massage, and expert advice get along to the free East Ham Community Forum health event on Saturday 5 July.

From 11am to 2pm the Flanders Community Centre, East Ham will be a hive of activity.

Come along and check out the sports zone where you can try martial arts, dance and low-impact exercise for over 50s and get basketball tips from Newham All Stars Sports Academy.

In the nutrition and holistic treatment zone there'll be healthy cooking and lunchbox demonstrations, natural therapies and a fresh juice bar.

And for those thirsty for knowledge the information and advice

zone offers tips on how to fight the flab and exercise for fun. You can also speak to the experts about heart disease, cancer awareness, managing a health condition and stopping smoking. Community lead councillor for East Ham Community Forum, Lakmini Shah, said: "Events like this prove that looking after your health doesn't have to be boring. All of these activities are really enjoyable and have an important message too. If anyone is looking for a new way to get fit, they should come along on the 5 July – there really is something for everyone."

The event is hosted by East Ham Community Forum and its active community team. Contact 0800 519 4015 for more information.

Torch heralds youth games participation

Young kayakist Sydney Storey welcomed the official torch of the Balfour Beatty London Youth Games to the Royal Victoria Dock Watersports Centre.

Sydney, 15, a member of the Newham Sports Academy, and

Councillor Jo Corbett, executive member for culture, greeted the torch before it embarks on a journey across all 32 boroughs and the City of London. Its final destination, Crystal Palace National Sports Centre, will be the venue for the youth games finals on 5 and 6 July.

Councillor Corbett said: "The Youth Games are a great way of getting young people involved in sport from an early age. Keeping our youngsters active really can enhance and transform their lives."

Newham youngsters are competing in 38 of the 46 scoring events. Teams in boys' basketball, girls' volleyball and boys' disability football are already guaranteed a top four finish and kayakist Sydney has already won a silver medal.

The youth games have enabled the borough to continue a partnership with the University of East London, which is helping with facilities and equipment to allow young people to take part.



Councillor Jo Corbett and Sydney Storey



Sydney Storey carries the torch for Newham

NEWS // IN PICTURES

Dancers warm up the boards
for the BRING IT! festival.



NEWS // IN PICTURES

1 Bird bath: new arrivals on the roof of Building 1000. **2** Pedalling the benefits of bikes at Newham's first cycle day. **3** Guinea pigs get in on the action at Tunmarsh Centre play day. **4** Judo try-outs for the visually impaired at Newham Leisure Centre.



Everyone for tennis

Summer is officially here and tennis championships usher in the sun as we heat up for another sporting season. Wimbledon may be tucked away in southwest London but, in Newham, where you're never further than ten minutes walk from one of our green spaces, there are so many opportunities to practice your serve, get some fresh air and get active.

When it comes to tennis, we're a match for any borough. We currently have 25 free, high quality tennis courts. Specialist sports college Cumberland School runs a tennis club and coaching sessions for the wider community. Local children can sign up to one of our sixth form college's short tennis schemes.

"I believe that we are the leading borough in offering sports opportunities for all and I intend to continue making improvements for our residents"

And it's not just about tennis. We were one of the first boroughs to offer free swims – a scheme that has gone nationwide. With free sports activities every summer and a year-round estate based sports programme, as well as free community forum sports challenges, every resident has abundant opportunity to get active.

I believe that we are the leading borough in offering sports opportunities for all and I intend to continue making improvements for our residents as we draw closer to the London 2012 Olympic and Paralympic Games.



Recycling business stays in Newham

I was invited to open the new site of a Newham-based company that is leading the way in encouraging more residents and businesses to recycle.

I am committed to minimising our impact on the environment and lowering the use of landfill. The cutting edge Materials Recovery Facility (MRF) owned by Bywaters in Twelvetees Crescent, Stratford, is the largest under-cover dry recyclables MRF in London, and will help us to do just that.

The company has had to move from their previous home as part of the development of the Olympic Park. Relocating is one of the most complicated and risky operations that any business faces, and has been a key feature of the Olympic redevelopment. That is why we supported Bywaters in their move.

I am delighted Bywaters are staying within Newham. It's a privilege to have such a state-of-the-art facility in the borough.



Being one of the few elected Mayors, I am directly accountable to you. You can meet me and discuss any issues that you think I can help with. To find out more visit my website at www.newham.gov.uk/mayor or call 020 8430 2107 to find out where I'll be.



Mayor's view



LIFT elevates the mood in Stratford

The London International Festival of Theatre (LIFT), launched in Stratford. I attended the innovative and exciting opening event, which ushered in an enormous mobile arts venue filled with film, theatre and arts of many kinds to Stratford.

That this long-running and reputable festival chose Stratford to kick off its programme says so much about the area; we are a buzzing, lively and young borough with top-notch arts venues and a wealth of creative talent. I was

particularly proud to see our Deputy Young Mayor, Hamid Sheikh, chairing a discussion on issues affecting young people, including the work of the Youth Council on the Youth Opportunity Fund, the Enough is Enough anti-youth violence campaign and employment opportunities arising from the Olympics. The festival provided an excellent platform for our young people to show yet again that they are organised, intelligent and articulate.

I hope that many of you could get to the LIFT festival this year before it moved

HAZEL BLEARS TAKES A LOOK AT OLYMPIC LEGACY



I accompanied Hazel Blears, Secretary of State for Communities and Local Government, on a recent visit to the Olympic site. Ms Blears MP was interested to see how far construction has progressed, but also what kinds of plans are in place for life beyond the 2012 Olympic Games and Paralympic Games. The legacy of the Games is something that I am determined will touch the

lives of all of our residents. We have an amazing opportunity here, with capacity for the creation of nearly 100,000 jobs and more than 30,000 new homes – and that's just the beginning. While most of the physical legacy will be delivered by the Olympic Delivery Authority, the council has a role in demanding the best and most appropriate legacy facilities, which will include jobs and business opportunities; driving up aspirations and activity; sports participation and improved health; community involvement and ownership and raising the profile of east London. A lot of our plans for this were already in place before winning the bid, but the Games have sped up progress. I'm pleased to report that Ms Blears MP is now looking forward to the future just as much as I am!



Mayor's Question Time – Stratford and West Ham

I really enjoy question time, where I get the chance to hear directly from you about your concerns. At the last meeting on 17 June, discussion focused on:

- > improving facilities for children and young people
- > development of community activities
- > the effects of the Olympics on transport and housing
- > what the council is doing about crime and ASB
- > buildings being put up that don't have planning permission.

I'll be holding more Question Time sessions later in the year. If you have a question or concern, I and your ward councillors operate regular surgeries and we would be happy to hear from you.

Visit www.newham.gov.uk/democracy to find out more.

with Sir Robin Wales

THE MAYOR'S NEWHAM SHOW

The Mayor's Newham Show hits Central Park on Saturday 12 and Sunday 13 July
It's a FREE jam-packed weekend of fun for the family including:

THE NEWHAM CARNIVAL

With fabulous costumes and a fantastic atmosphere, **The Newham Carnival** kicks off in Central Park at 2pm in all its shimmering glory. Watch it from the streets as it snakes its way through East Ham.



Join the **Green Roadshow** as it shows you how to be greener and cleaner! Meet the **Newham Mag** team, tell us your stories and find out what's going on in your area.



There'll be loads of free music, tea dances and a chance to sing along with Elvis impersonator **Sal Bashir**.



Fancy trying out archery, martial arts or football? There'll be lots of free sports to try and you can find out about clubs in your area.

Check out the latest fashions, chill out to Newham talent and de-stress in the Therapies area with free Indian



head massages, reiki and lots more.

With foods from around the world and fun for kids – you really can't afford to miss it!

HEALTHY LIVING

The Newham Show isn't just about fun. If you want help and advice to lose weight or give up smoking, or would like a free health MOT then advisors in the Healthy Living Tent will be able to help.



There's also loads to do for little ones in a Kids' Zone including monster inflatables to jump on, an arts and crafts tent, a mini-farm and competitions.

There's so much to do and see at this year's Newham Show and don't forget most of the fun is absolutely free. So make sure you make a date in your diary.

NEWHAM MAG TRAIL AT THE NEWHAM SHOW FOLLOW US AND WIN SOME GREAT PRIZES

Don't miss out on your chance to win a some fabulous prizes at this year's Mayor's Newham Show by taking part in the Newham Mag trail. Enjoy all that the show has to offer whilst learning something new about your borough.

When you come to the show look out for the orange footprints beginning at the central information point and follow them around the site answering cryptic questions to get one step closer to some amazing prizes. Quiz sheets will be available at each information point. Entry into the show and participation in the quiz is free to all – if you're a Newham resident you're eligible to enter, whether you're eight or eighty.

Here is what you can expect to be quizzed on:

I'm a colour and a fruit. I hold and devour your rubbish and give it back to you. What am I and how many are used in Newham each week?

As a time I'm 8.12pm but it'll be four years until my alarm goes off. What am I? Can you name three locations where you'll be able to find me?

I visit thousands of homes every fortnight. I'm entertaining, full of life and bright. What am I and how many people do I keep informed?

Terms and conditions apply – see notices at the show for more information or visit www.newham.com for details

Newham Mag Trail – Don't forget your thinking cap!



Art isn't just about pictures, as Newham's young people have been discovering.

Art is whatever you want it to be. It's expressing yourself on canvas, through sculpture or using dance, media, music or drama. The BRING IT! Newham Arts Festival encompasses all these genres and is a much loved and anticipated event which gives young people the opportunity to explore a range of artistic mediums. During the past few months students have been hard at work perfecting their pieces in preparation for this year's festival, which is already underway.

As well as a being a platform for experimental artistic talent, the festival is a great forum for inspiration and ideas for teachers, who, whether involved in delivery or attendance, bring their impressions back to students in the classroom. Sharing ideas can be the best way to learn and if you're at one of the few schools not involved in the project then have a look at what you are missing

out on and ask your teacher to book your space in next year's festival – time to start bugging Miss or Sir!

You don't know what you're missing

Here are just a few of the events happening in this year's festival that are open to all:

Create/It!

Wednesday 2 to Friday 11 July
Weekdays from 10am to 4pm and
Saturday from 10am to 4pm

This free event is not to be missed. Art takes over UEL at this fabulous display of Newham's finest young artists. From curriculum projects to A-Level art, sculpture to screen prints, get a taste of the talents the teachers have been hiding!

Jazz/Night

Saturday 5 July
Stratford Circus, 7pm

Chase away your blues and jazz up your evening as students and guest artists

take to the stage for a sultry night of sax. *This is a ticket only event. Contact the Stratford Circus box office for availability on 020 8279 1015.*

The/Big/Sing/2008

Friday 11 July
Royal Festival Hall, 6 to 9pm

Watch Newham's finest raise the roof of the Royal Festival Hall as they take you on a journey around the world through song. *This is a ticket only event. Contact the Royal Festival Hall box office on 0871 663 2500.*

.....
• **If you can't make it to the**
• **Festival don't forget to catch**
• **the highlights at the Mayor's**
• **Newham Show on Saturday 12**
• **and Sunday 13 July, at Central**
• **Park. For more information on**
• **the Newham Arts Festival visit:**
• **www.newham.gov.uk/artsfestival**
•
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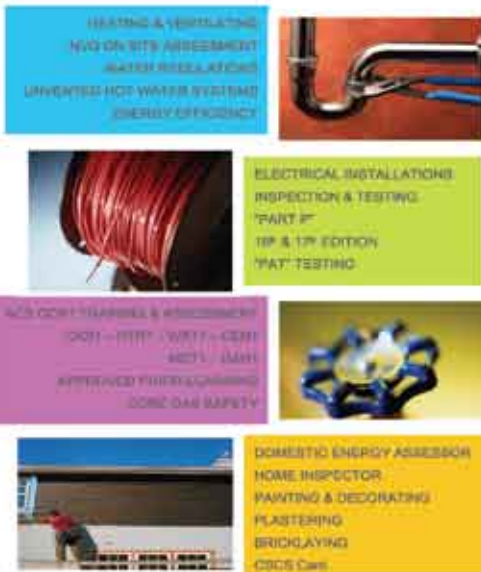
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LONDON BOROUGH OF NEWHAM – CHILDREN AND YOUNG PEOPLE'S SERVICE

Notice is hereby given, in accordance with sections 89(8) and 8(g) and 138(7) of the School Standards and Framework Act (1998), that Newham Council has determined the admission arrangements for Community and Voluntary Controlled schools in Newham for the academic year 2009/10. For Voluntary Aided Faith Schools and Foundation Schools responsibility rests with the governing bodies of these schools for determining these arrangements.

Copies of the determined admission arrangements for all of the Newham maintained schools: Community, Foundation, Voluntary Controlled and Voluntary Aided are available for inspection from Children and Young People's Services, Pupil Services Section, Broadway House, 322 High Street, Stratford, London E15 1AJ and on Newham Council website www.newham.gov.uk

Parents who want to object to the admission arrangements and who are eligible to do so should write by 31st July 2008

The Secretary
Office of the Schools Adjudicator
Mowden Hall
Staindrop Road
Darlington DL3 9BG

Telephone: 0870 001 2468 email: OSA.TEAM@dcsl.gsi.gov.uk

Parents who are eligible to object are those who are parents of a child who has attained the age of two but is not above compulsory school age and who has been, is, or will be eligible to apply to the school whose admission arrangements are the subject of the objection and where the objection relates to any aspect of a school's admission arrangements not complying with any mandatory requirements in the School Admissions Code or Part 3 of the Schools Standards and Framework Act (1998).

Further information about the admission arrangements for 2009/10 and the ability of a parent to object to the Schools Adjudicator can also be obtained from Tracy Jones, Head of Pupil Services Section, Broadway House, 322 High Street, Stratford, E15 1AJ.

Signed: Amer Saad
Head of Pupil and Student Services

Athletes Village

Come and have a hand in your future.



Visit www.theathletesvillage.com
or come to our Community Event
in the Stratford Shopping Centre
on Friday July 4th 2008, where
you can...

- Find out about jobs & training, affordable new homes, a new education campus, parks & open spaces and much more!
- See the plans
- Build your own models
- Record your own video
- Join in our debate
- Take part in a giant art exhibit
- And enter our competitions to win exciting prizes including a helicopter ride over the development, a Wii, an iPod or high street vouchers!*

www.theathletesvillage.com

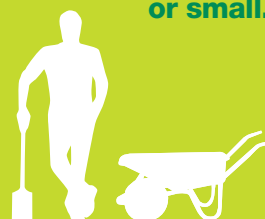
T: 020 7182 9497 or 020 7182 9504 E: athletesvillageinfo@lendlease.co.uk

*Competition entry and prizes are subject to our Terms & Conditions. Please see www.theathletesvillage.com/competition for further information and also to find out how to register.



GARDENERS' SECRETS

Our green-fingered friends from Parks offer their expert knowledge for your green space – however big or small.



June is a busy month in the garden with many tasks to occupy any gardener, from cutting the lawn regularly to hoeing the vegetable plot and borders – and, if you're lucky, picking your first fruits.

Even if you don't have a garden, there's never been a better time to get out and about – our parks will be bursting with colour this month with summer bedding being planted

and early perennials starting to flower. The parks also play host to loads of summer events, so look out for the adverts and don't miss out on the fun! See pages 10 and 11 for the low-down on the Mayor's Newham Show.

THINGS TO DO:

The lawn

- > Rake the lawn occasionally before cutting, to help keep turf weeds and moss under control
- > Apply a selective weed-killer to grass. Remember to water the grass if rain does not follow
- > In dry conditions, let the grass grow a little longer and water as necessary. Remember you need to give the lawn a proper soaking (half hour in one position) as light watering only draws the roots to the surface



Kitchen garden

- > Thin out rows of vegetable seedlings growing from earlier sowings. Check seed packets for advice
- > Crops to sow outside in early June include: runner beans, dwarf French beans, kohlrabi, carrots, marrows, cauliflowers, peas, ridge cucumbers, sweetcorn, swede, lettuce, squashes and spinach
- > Tie new canes of raspberries and blackberries on to support wires as they grow. Keep them separate from last year's shoots, which will flower and fruit this summer



If you have some outside space, this month is great for planting perennials (such as chrysanthemums and geraniums) and annuals (such as busy lizzies and foxgloves). You can grow these bright and colourful plants in pots and containers in your backyard or in borders in the garden.



When the plants die back at the end of the summer, you can plant the pots through the winter and into spring with bulbs and winter bedding. But be aware that the more containers you have, the more watering you will have to do during hot periods and the more deadheading (cutting off dead flowers) and trimming you will need to do.



BULKY

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WASTE



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We can collect up to six household items for free from your home. Items include: sofas, chairs, beds, portable appliances, garden waste and white goods (fridges, freezers, cookers, tumble dryers, radiators and microwave ovens).

We charge a fee for collecting building materials such as rubble, bricks and windows.

For further information, call the number below.

PHONE **020 8430 2000**

WEB **www.newham.gov.uk/Services/HouseholdWaste/**



House doctor

Kevin Daly is a man who values his family life. His conversation is sprinkled with references to his wife of 30 years, his children, their jobs and lives growing up in the East End; even the history of the family name is a fascination for him. Family is, for many of us, the foundation on which we build our lives, and this understanding of what makes someone's home life tick is what puts Kevin in an ideal position to help others rebuild theirs.

And he does just that. Kevin works for the Integrated Community Equipment Service (ICES) in Beckton, which loans equipment to help residents with extra needs live comfortably. Or as Kevin succinctly puts it: "It's about allowing people to continue their lives independently, with the minimum of disruption."

People who find it difficult to cope with everyday tasks, such as using the

kitchen or even bathroom, can access the service via an occupational therapist, who will arrange for a chat to assess their needs. A visit from the friendly technician follows, where minor equipment, like handrails on stairs or sensory aids (such as flashing doorbells for deaf people), is provided on a loan basis. The loan lasts for as long as the need; the council will not ask for the equipment to be returned while it is still in use.



> WORKING LIVES

But Kevin stresses that the service is not just for elderly residents. “Our youngest was a three-year-old who had been born with an illness that made mobility difficult. I fitted a little handrail at her height so she could get up the stairs. The oldest was a woman I visited on her 100th birthday.”

“It’s about enabling people to stay in the homes they love – all they need is a little help ”

ICES recently added another string to its bow: the Dial a Wheelchair service. This offers residents the chance to borrow equipment on a short-term basis. While Kevin and his team help to ease a long-term problem, Dial a Wheelchair is there for people who may, for instance, find walking long distances uncomfortable. An invitation to a family gathering or a day trip is made possible by the opportunity to borrow a wheelchair. And, if the person’s need grows, they can easily be transferred over to Kevin for a more long-term solution.

The two-pronged service aims to cover an even wider variety of needs and make residents aware of how easy it is to get what they need. Kevin has the final word: “I think that our service is accessible and, what’s more, it works. It’s about enabling people to stay in the homes they love – all they need is a little help to, say, get up the front step. I just put in an extra step – so simple but life-changing. And that’s what drives me: the satisfaction of knowing that I’ve put a smile back on someone’s face.”

If you or someone you know could benefit from the service, call 020 8430 2000 and ask for occupational therapy. For the Dial a Wheelchair short term loan service, call 020 8430 2222.

ICES was created to make life easy for the service user. Previously, when health and social services offered similar but slightly different services, finding out exactly who to borrow what from could prove stressful. No more, thanks to Kevin and his team.

And while Kevin is keeping his clients happy, they are doing the same for him; he relishes the chance to make someone more comfortable: “What’s always at the

front of our minds is that there’s a person involved in every job. They’re not just an address. Everything we issue is making a difference to someone’s life. For instance, many years ago I installed a handrail in an 80-year-old woman’s house. There were a couple of steps up to the kitchen that she couldn’t use – such a small thing to you or me but she hadn’t been in her kitchen in months. I put the handrail in and she was in there like a shot, making a cup of tea!”



Gear up for the British International Motor Show

23 July to 3 August 2008

Get ready for some vehicular va-va-voom this July. The British International Motor Show's return to ExCeL Docklands is set to be every bit as spectacular as previous years and expects to attract more than half a million visitors during its two week run, making it the biggest show in the UK.

With more than 600 cars and 60 car marques, the show is the event of the year for car enthusiasts. Wander the stalls at your leisure or plan your day in advance; choose from the Heritage Enclosure and Parade, boasting high performance supercars from the last five decades, to the Land Rover's Ultimate Experience, which includes a nail-biting climb up a ten-metre-high mountain. For the environmentally-conscious, the Cooperative Greener Driving Pavilion & Electric Vehicle Village offers an interactive showcase of green innovations, with an impressive collection of the latest electric cars. These are just some of the car-related crowd-pullers on offer – visit www.britishmotorshow.co.uk for more details.

However, it doesn't end there. There's fun for the whole family, with global premieres, interactive

features and attractions including:

- > The Marine Experience – visitors to the dockside will find an incredible line up of boats and on-water entertainment
- > The Motor Show Music Festival – the impressive line up includes UB40, Status Quo, Squeeze, Here and Now 80s Tour and Jools Holland featuring Marc Almond.

Tickets will be sold separately and include free access to The British International Motor Show

- > Careers Zone – advice on landing your dream job in the motor industry.

This is just a taster of activities at the show – there will be a load more on the day! Visit www.britishmotorshow.co.uk for more information.

WIN VIP Preview Day tickets!

We've got ten pairs of VIP Preview Day tickets to give away. The tickets are for Wednesday 23 July, the first day of the show, and the lucky winners will be among the first to see all of the cars. To be in with a chance, email Newham.mag@newham.gov.uk or write to the Editor, Newham Mag, Newham Town Hall, E6 2RP. Entries must be received by Friday 11 July.

Two tickets for one!

The British International Motor Show is offering Newham residents two tickets for the price of one on Monday 28 July. Just quote NEW241 when buying tickets. This cannot be used in conjunction with any other offer.

How to reduce, reuse and recycle green waste in Newham

Green Garden Waste and Collections

Garden waste includes grass cuttings, flowers, leaves and bark, small branches, twigs, straw, weeds and wood shavings.

All organic or 'green' waste from gardens in Newham can be collected free of charge from outside your door.

How is it collected?

Please leave your green waste in normal black refuse sacks or bundles outside your door or at the boundary of your property.

Do not use orange recycling bags as these are for dry recycling only.

We cannot collect soil, bags containing other items such as flower pots, piles of green waste not in bags or large branches.

You can also dispose of your green waste at:

Jenkins Lane Reuse and Recycling Centre (RRC)

The Jenkins Lane Reuse and Recycling Centre in Jenkins Lane IG11 OAD is free to all Newham residents (with proof of residence) and is operated by Shanks East London in partnership with Newham Council. Directions to Jenkins Lane at the junction of A406/A13.

Composting

Treat yourself to a subsidised compost bin for your garden waste, papers and cardboard.

To order: www.newham.getcomposting.com
0845 1306090

To book a FREE green waste collection, call 020 8430 2000 or visit online at www.newham.gov.uk/services/greenwasteandcomposting. Collections are usually made within 24 hours of request.



Standard 220 litres – £4.00

For small to medium gardens

Large 330 litres – £5.00

For medium or larger gardens



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For more information visit
www.newham.gov.uk/services/recycling or
call Newham Council on 020 8430 2000.





INDIAN ATHLETES GET SET FOR BEIJING

In the first training opportunity for the Beijing 2008 Olympic Games and Paralympic Games before the athletes' camps open, Newham is playing host to 16 sporting hopefuls from the Athletics Federation of India, who will be striving for Olympic glory this summer in the Beijing 2008 Games.



Newham was selected by the federation because of its status as a host borough for the 2012 Olympic Games and Paralympic Games. Having the athletes stay will give Newham a 'dry run' for The Games, when the competitors will be housed in the Athletes' Village. During their stay in Newham, the group will be given a guided tour of the Olympic Park from the heights of the Viewing Gallery, so that they can see the first class facilities in construction.

The athletes, who are 800, 1,500, 3,000, 5,000m runners and race walkers, are using Newham Leisure Centre in Plaistow, with assistance from leisure centre operators GLL, as their training base while they stay at the University of East London's Beckton campus. From here they will visit various locations in the UK and Europe as they prime themselves for competition this summer. And they are part of the way there already: 11 of the elite athletes made a second attempt at qualifying for the Beijing Games and it paid off for India's long distance runner Preeja Sreedharan. Preeja qualified norm for Beijing after she finished second in the 10,000 metres event of the British Milers Club (BMC) Grand Prix, smashing her personal best and the Indian national record.



Records were also set in the men's 10,000m race where Surendra Singh broke the 32-year-old Indian national record and his personal best. His time of 28:22:79 was just outside the Olympic qualifying standards. Personal bests were also set by Rajeev Ramesan in the men's 800m and Sandip Kumar in the men's 10,000m, in what was a highly successful fixture for the visiting Indian squad.

The squad is now set to return to Watford for another BMC meeting before flying out to Spain, Belgium and Ireland in search of the Olympic qualifying standards.



++ OLYMPIC BULLETIN ++

Visually impaired Judo enthusiasts in talent spotting contest

The Newham Sports Academy with Tessa Sanderson OBE held a judo talent try-out day at Newham Leisure Centre, Plaistow, which welcomed visually impaired people of all ages and abilities. The aim of the day was to discover talented potential paralympians from the area.

Former Olympics gold medal winning javelin thrower Tessa Sanderson said: "The London 2012 Olympic Games and Paralympic Games are already challenging perceptions and planning for disabled people and I am proud that we are going to be a part of that."

"The Newham Sports Academy, with support from the council, has been talent spotting to recruit young disabled people and this is a great opportunity for people with visual impairments to try out a sport like judo."

For more information about sport for disabled people, telephone 020 8430 2012, text 07896 686 601 or email info@newham.gov.uk

Newham's boxing competition packs a punch

Passionate pugilists George Veness, Jake Beer (from Newham Boxing Club) and Jack Kerr (from West Ham Boxing Club) did their clubs proud at the Royal Navy junior ABA finals and brought back national titles that have been won by the likes of Joe Calzaghe, Amir Khan and Ricky Hatton in the past. Fifteen year-old George Veness said: "It was brilliant. I was a Golden Gloves champion so now to be a junior champion is amazing. I really hope to make it to the Olympics."

The young boxers are training hard, some with the support of the Newham Sports Academy, and aim to compete in the London 2012 Olympic Games and Paralympic Games.

Your views heard

Some results from the Children and Young People's Plan consultation

Newham's Children and Young People's Plan sets out how the council intends to serve our younger residents. Since its publication in April 2006, the council and its partners have made good progress in delivering the actions and targets that were set.

Executive member for Children and Young People, Councillor Quintin Peppiatt explains: "The plan sums up the progress that we have made over the last 12 months. Your feedback is essential and helps us to ensure that we have the right priorities for the future. We'll gather your responses and feed them into the final version of the review, which will be submitted for agreement to the council at the end of July. We look forward to hearing your views."

In April and May 2008, the Children and Young People's Services carried out face to face consultations with children, young people and families. The purpose of the consultation was to make sure that you:

- > were aware of what we achieved in 2007/2008
- > had an opportunity to let us know if you agreed with what we said
- > can help us decide what the priorities should be for the year ahead.

Responses and feedback from the consultations were separated into different sections so that we could spot common themes and issues and decide on the best way to respond.

The information was broken down into:

- > issues that the council can respond to
- > issues that the council and our partners such as the Primary Care Trust (health) can respond to, and

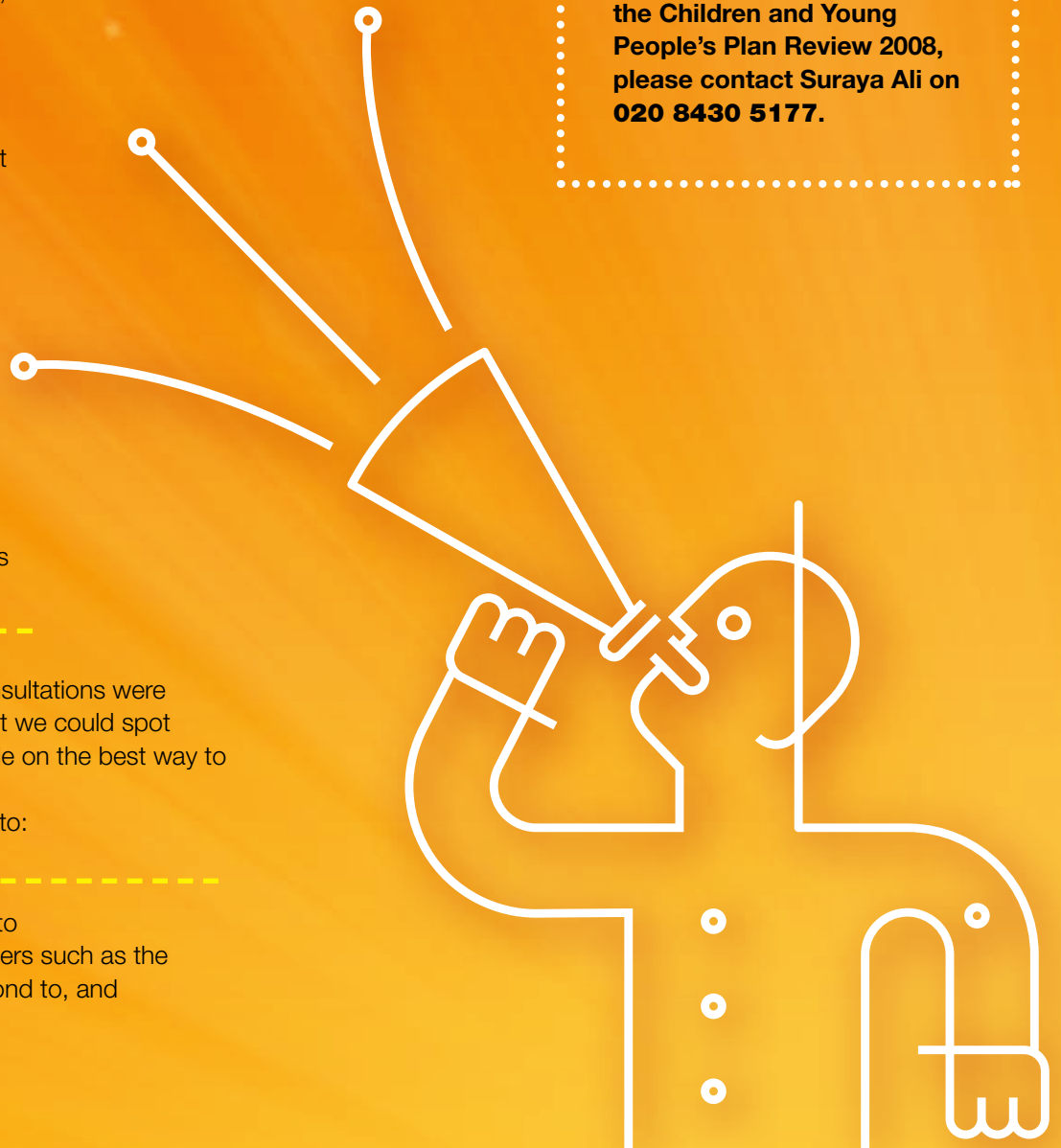
> issues that are far wider than Newham – these are London-wide and national issues that need to be fed through relevant forums to organisations and agencies such as Transport for London and the Metropolitan Police.

The results have now been brought together in a document that makes it easy for you to see what the responses were and to let you know what is going to happen to this information.

The results can be viewed on the council's website, visit: www.newham.gov.uk and follow the link on the homepage.

You can access the consultation document as well as a feedback sheet where you can submit your responses. The consultation is open until 18 July 2008.

For more information about the Children and Young People's Plan Review 2008, please contact Suraya Ali on 020 8430 5177.





CREATE IT!

NEWHAM'S ANNUAL SCHOOLS ART EXHIBITION Part of BRING IT! Newham Arts Festival 2008

Exhibition runs from 2 - 11 July 2008

CELEBRATION
PARTICIPATION
CONNECTION
SUCCESS

Monday to Friday 10am-6pm and Saturday 10am-4pm

University of East London, Docklands Campus,
School of Architecture and Visual Arts,
4-6 University Way, London E16 2RD

School groups welcome, no booking necessary

Cyprus DLR station is at the entrance to the campus. Buses 101 and 300 run to and from East Ham underground station. Please use public transport as parking in the area is limited. Visit www.newham.gov.uk for venue details and ticket information or phone 020 8430 6363.

UEL
University of
East London

NEWHAM PIONEERS NEW HEALTH TECHNOLOGY

Ahmed Rizwan, 51, is the first person in Newham to take part in a pioneering health scheme that one day could be commonplace in homes across the UK.



Ahmed, from Manor Park, was selected for a two year research project led by the council and Newham Primary Care Trust (PCT) called the Whole System Demonstrator (WSD). It is looking at how new technology can help people with long term health conditions avoid hospital stays and remain well in their own homes.

Using technology known as Telehealth, Ahmed takes daily readings of his weight, blood pressure and blood-glucose levels which are automatically recorded on a set-top box tuned to his TV. This information is checked daily by his care manager, community matron Jacqueline Bowen, who can view the results on her computer. If there are any worrying irregularities they can discuss the best course of action immediately and avoid an emergency developing.

Ahmed's health began to deteriorate in 1990 when he was diagnosed with type 2 diabetes. In 2005 he had the toes on his right foot amputated. A freak accident in 2006 led to a second amputation – this time below the knee of his left leg. With so many hospital stays and treatments it was not surprising that Ahmed also suffered bouts of depression.

But since the trial began in early May Ahmed's blood pressure has stabilised and he says he is feeling more confident about managing his own health. For someone with his medical history this is fantastic news.

Says Ahmed: "Being so ill was awful. I'm a very independent person by nature and I don't like to be a burden to anyone. It is really important for me to stay as well as I can and this system is already helping me to do that.

"It's given me a lot of confidence, especially knowing there is someone I can call if a reading worries me. I like to think I'm a rough, tough sort of person and I've started to do a few hours work at my old job of screen printing."

Using Telehealth technology can help patients get a better understanding of their illness and how to manage it. By viewing a record of their daily readings and completing health quizzes on the TV screen they begin to learn what can affect their condition, be it stress or too much of the wrong food.

LEARNING TOGETHER

It's a first for community matron Jacqueline Bowen too. Ahmed is her first patient as care manager on the Telehealth pilot.

"Telehealth technology is not a replacement for a patient and carer relationship. It's a tool we are using for managing a patient's health and wellbeing," says Jacqueline.

"Ahmed knows I'm watching him – in the nicest possible way – and that support is very reassuring for someone with a chronic condition. I noticed

recently that his blood pressure readings were higher than usual and was able to arrange a GP visit and a change in medication. We also looked at things he can do to prevent the problem happening again. We are learning together."

Newham is one of only three boroughs taking part in the Government's two-year WSD trial. Care Services Minister Ivan Lewis even visited Ahmed prior to the trial's start. "A privilege and an honour," says Ahmed.

With a rapidly ageing population the growth in the number of people needing care and support is set to escalate. The council and Newham PCT are helping to look for some solutions to the problem.

HOW LOCAL PEOPLE WILL BE INVOLVED

Around 2,000 people in Newham will be taking part in the WSD research project. People eligible to trial Telehealth technology will have one or more of the following conditions:

- > diabetes
- > heart failure
- > chronic pulmonary obstructive disorder (CPOD)

People who need some support from social services to keep living on their own may be eligible to trial Telecare equipment. Telecare uses alarms and sensors to raise a call for help in emergency situations.



Ahmed and Jacqueline put the equipment to use

Residents who may be eligible to take part will get a letter from their GP or adult services asking them if they want to be involved. As this is a research project it's not possible to request Telehealth technology at the moment.

Mattresses, bed frames, sofas, chairs, portable appliances and white goods have become familiar sights in Newham. They are found not only in shop windows but increasingly can be seen dumped in the front garden of properties across the borough.

Cluttered front gardens not only look ugly and attract vermin but they are also a fire hazard. In seven weeks there have been as many fires started deliberately because of items left at the front of properties. Investigations by the Police and Fire Brigade are underway but in the meantime you should not leave items outside your property unless it is awaiting



Fire brigade tackle a blaze

collection. Newham Fire Brigade Borough Commander John Talbot said: "Arson is the worst kind of fire as it is started intentionally with no consideration to just how detrimental it can be. We've been extremely lucky that these fires have not resulted in serious casualties, or a fatality, but if people put themselves at risk it may only be a matter of time." Police borough commander Nick Bracken added: "Investigations are underway but until these perpetrators are caught residents should be vigilant, report suspicious behaviour and refrain from keeping unwanted items in the front of their homes for longer than necessary."

Despite the free bulky item collections offered by the council unwanted goods are still being stored in front gardens for weeks. Councillor June Leitch, executive member for Crime and Anti Social Behaviour said: "Arsonists are deplorable. They have no consideration for their actions or the effects they can have on others. I urge residents to use the collection service we provide for bulky items, it's free and people should utilise it. Safer Neighbourhood



State of some front gardens

Teams are working closely with the council photographing excessive waste outside homes and warning residents that it needs to be removed. This message is even more poignant in light of these fires."

If you clutter your front garden with rubbish you could face enforcement action by the council – it is the responsibility of the property owner to ensure this area is kept clear.

Get your rubbish cleared **FREE**

Up to six unwanted bulky items can be collected free. Exceptions are building waste, glass and planks of wood. Call **0208 430 2000** for more information or visit **www.newham.gov.uk**

BURNING ISSUE

Newham **NHS**
Primary Care Trust

Board Meeting

2 p.m. on Tuesday 15th July 2008

in: The Conference Rooms, Warehouse K, 2 Western Gateway, Royal Victoria Dock, London E16 1DR.

**All members of the public
are welcome to attend**

Discussion at the meeting will include the trust's Annual Report and Accounts for 2007/08. If you are interested in this or other health-related topics, please come and join us.

Meeting room is accessible to disabled people.

Bus Routes: 147, 241, 325

(alight at Custom House/Freemasons Road)

Docklands Light Railway: Custom House (2 minute walk)

For more information about the meeting, or to request sign language interpreters or large print papers, call:

**The Communications Team at
Newham PCT on 020 8586 6329**

Training & Conference Facilities:



**Newham's Professional Development Centre
to hire for meetings, training, seminars & events.***

- 15 rooms for groups of 6 – 150
- most with wheelchair access
- £60 to £192 per day
- with multimedia projector, video, flipchart
- off-street parking for 120 cars
- Café – meals, snacks & refreshments
- Media Services – one-stop print shop.

*Not available for party hire.

CREDON  CENTRE

0208 430 5943 www.npd.newham.gov.uk



Ethnic Communications Seminar – How to effectively reach and engage with diverse communities

Aim of the seminar:

- To help you to understand the challenges in reaching and engaging with diverse ethnic communities

Key benefits of workshop:

- Find out how best to reach diverse ethnic communities
- Meet and talk to the experts who work with the ethnic community such as: Patricia Macauley (Head of Cultural Diversity, Central Office of Information), Mavis Amankwah (Managing Director of Rich Visions Ltd), Rebecca Gudgeon (Director of Social Change, Trimedia UK), Femi Okutubo (Editor of The Trumpet), Asif Yusuf (Publisher of Diversity Link) and Milo Zagroski (of The Polish Express)
- Understand why ethnic communications is essential for your business/organisation and how it can help you
- Discuss cultural sensitivities and effective ways of reaching ethnic communities via PR, outreach and ethnic media

Who should attend?

- Public and private sector organisations

Date: Monday 7th July 2008

Time: 9am – 1pm

Venue: Lister Room, Newham Town Hall,
Barking Road, East Ham, E6 2RP

Contact Danielle Meiners for further information on
0208 555 2200 or email danielle@richvisions.co.uk

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NEWHAM »» IN FOCUS



Alcoholics Anonymous in Newham

Alcoholics Anonymous (AA) offers support, experience, strength and hope to more than two million people worldwide, with as many as 150 groups in east London alone. If you or someone close to

you is battling with a drink problem, AA could be the answer. A local member says of

her group: "We were described by doctors, employers,

probation officers and friends and family as 'beyond help'. But in AA

we learned to stay away from drink for one day at a time and, in the company of other recovering members, we learned so much. There are no membership rules in AA and there are no fees, although the pot is passed around to pay for the rent and the tea. And we drink a lot of tea!"

If you would like to find out where your nearest AA group is, call 020 7833 0022 between 10am and 10pm, 7 days a week, 365 days a year. Al-Anon is a sister group offering support for friends and families of alcoholics; call 020 7403 0888, 10am to 10pm, Monday to Friday for your nearest group.



Kingsford Community School sends lifeline to China

Kingsford Community School, **BECKTON**, which has links with schools, institutions and individuals in China, has pulled together to help its counterparts in Sichuan Province that were affected by the 16 May earthquake.

Results of the school's charity appeal are being displayed in an attractive wall mural of the Great Wall, each brick in the wall representing a student's contribution. The wall has grown very quickly as students donations pour in. Mandarin students have also given their time before and after school to help run the campaign.

The school, which provides compulsory Mandarin classes for all students, was recently designated by Beijing as a 'Confucius Classroom'. Within this role, the school is working to encourage the development of Mandarin teaching in the southeast UK area.



EKTA yoga sessions

EKTA is a local group working to address the social isolation and care needs of South Asian elders and their carers in Newham and neighbouring boroughs. Their befriending and support service values the specific cultural, religious and language needs of Asian older people.

Now the group offers weekly yoga groups for all communities and age groups at the Froud Community Centre on Toronto Avenue every Monday from 10 to 11am and at the Jack Cornwell Centre on Dersingham Avenue every Wednesday from 10.30 to 11.30am, both in **MANOR PARK**. The yoga is FREE and open to everyone. For more information on EKTA or the yoga sessions call 020 8514 5221 or email ekta_info@yahoo.com



Girls' Night In at Newham Bookshop – WIN fabulous new books!

Continuing its 30th birthday celebrations and marking Independent Booksellers Week from 1 to 8 July, Newham Bookshop in **UPTON PARK** is hosting a girls' night in (women and men of all ages welcome) on Wednesday 2 July from 6 to 7.30pm. Come along and enjoy the books, chocolates, wine and two of the shop's favourite East End authors, Gilda O'Neill and Sarah Wise, who will be on hand to sign their books and join in the chat. As with all the best parties, there will be goodie bags on offer too! For

more information call 020 8552 9993.

We have five copies of Secrets of the Heart by Gilda O'Neill to give away. The book takes readers back to London in the shadow of World War Two and explores themes of forbidden first love, racial tensions and the pains of adolescence, all set in an East End community. For a chance of winning the book, email Newham.mag@newham.gov.uk or write to the Editor, Newham Mag, Room 59, Newham Town Hall, Barking Road, E6 2RP. Entries must be received by 7 July.



Pavement invasion

If you have hedges in front of your house, now is the time to give them a trim. Greenery goes wild in the warm weather and hedge borders can become a nuisance and a danger, particularly for children walking to school who are sometimes forced to walk in the road. So get pruning and help keep our children safe.

Raising money for Barnado's is a toddle

Chestnut Nursery School (Chestnut Avenue and Woodgrange Children's Centre), **FOREST GATE**, recently held a sponsored half-mile walk in aid of Barnado's Children's Charity – and that's a long way for little legs! Fantastic fancy dress outfits brightened up Wanstead Flats as friends and families from both organisations hit the park, and a good time was had by all. All the money raised went towards underprivileged children connected to the Barnado's Charity. The school and centre said a big thank you to everyone who sponsored the children.



Green Gym Saturday sessions

EAST HAM Nature Reserve on Norman Road plays host every Wednesday to a group of residents who are dedicated to improving their own health as well as taming the wilds of the reserve. Now the Green Gym has extended its hours and is offering a Saturday session every two weeks, to enable those who are busy in the week to take part. The idea behind the gym is that participants get fit while maintaining an important and beautiful public space; they also meet a variety of people with a common love for the outdoors and get to spend a few hours a week immersed in the kind of greenery rarely seen this side of the M25.

Wednesday and Saturday sessions run from 10am to 1pm. Saturday sessions are every two weeks; the next session will be 5 July. For more information call 020 8471 4257 or email mjw1@onetel.com





Summer holiday enchantment in Stratford

An exhibition featuring fantastic fables and folk stories from around the world is on all summer at Discover, the children's story centre based in **STRATFORD**. The City of Stories is inspired by the extraordinary stories told by London's Eastenders. Traditional Tamil tales and African adventures meet old London legends in an exhibition aimed at five to 11 year olds and their families.

City of Stories is open every day during the school holidays, from 10am to 5pm, until 31 August 2008. During term time, the exhibition is open at weekends between 10am and 5pm, and from 4pm in the week for family sessions. Entry costs £4 per adult/child, £3.50 for concessions and local residents, and £14 for a family of four, with free entry for children under two.

For more information call 020 8536 5555.

Teenage Cancer Trust comes to the streets of Newham

Six teenagers are diagnosed with cancer every day. Teenage Cancer Trust (TCT), a national charity devoted to helping teenagers fight cancer, has announced the Youth Ambassador programme, a pioneering education initiative aimed at Newham youngsters. It will educate teenagers about cancer, focusing on prevention, treatment and how to deal with cancer should they ever need to. The ambassadors will be given the task of educating their 15-19 year old peers about the risks and symptoms of cancer and the support that Teenage Cancer Trust can offer. Rianna Raymond Williams, 16, is a local ambassador. Says Rianna: "I am looking forward to gaining a better insight into the charity as I feel it could help a lot of people."



The TCT Youth Ambassadors

RUGBY CLUB STEAMS INTO THE BINGHAM CUP FINALS

London's only gay rugby club, the world famous King's Cross Steelers – actually based in **WEST HAM** – has won places in the finals of The Bingham Cup in Dublin. The Steelers played against 30 other clubs from all over the world in the largest tournament of its kind.

Richard Carswell, President of the Kings Cross Steelers, said: "The results in the Bingham Cup, which are fabulous, show how far the club has progressed since the last

tournament two years ago where the club came sixth. It is a wonderful achievement. The club can be proud of itself."

Training will resume on 14 July 2008 in West Ham, where the Steelers start preparing for the new season. If you wish to join the club, and join in their future glory, visit www.kxsrfc.com



BE PART OF THE WATCH

The Forest Gate North Safer Neighbourhood Team is looking for residents interested in setting up a Neighbourhood Watch Scheme in the ward. The call comes after the successful launch of the Maryland Scheme, where 30 residents attended the first meeting of the group at St Francis School, **STRATFORD**.

If you're interested in becoming a member of the Forest Gate North Neighbourhood Watch Scheme look out for the leaflet coming through your door. For more details, contact the Safer Neighbourhood Team on 0208 721 2598 or email ForestGateNorth.SNT@met.police.uk

City Airport Fun Day

Thrill-seekers should head to City Airport on Saturday 5 July for the annual Fun Day. There will be a spectacular air show this year, with old favourites and brand new acrobatic aircraft performing together. New additions to the stunning display include the Air Atlantique DC-6, Dukes of Cassutt – Cassutts Racers and Yak 3. This year also sees the return of the Pitts Special, Grace Spitfire, Cap 232 and a Swift glider display.

Admission to the Fun Day – including the air show – is free for everyone. The doors open at 2.30pm and the air show begins at 3.15pm. For more information visit www.funday2008.com



Love Newham?
Love Newham.com
Have you added
it to your
favourites?

New mental health service for older people

The First Avenue Intermediate Care Service is aimed at people over the age of 65 with mental health problems. Based at 103 First Avenue in **PLAISTOW**, it provides home support to those experiencing crises affecting their independence and wellbeing, and will also assist with the transition back to home life when patients are discharged from hospital.

Anyone who suspects that they or someone known to them is experiencing mental deterioration, memory loss, confusion or other changes should discuss their concerns with their GP in the first instance. The GP can then refer them to the appropriate service. For more information on the new service call 020 8271 0900.

BONArt 2008 celebrates young people's artistic achievements



Judelle Johnson's winning entry

Newham Town Hall, **EAST HAM**, recently welcomed aliens and intergalactic beings to its hallways. The invasion was not from space, but rather from the creative brains of Year Nine and Ten students from St Bonaventure's School. BonArt, the school's prestigious art fair, a collaboration with Stratford City developers, represented the young people's thoughts and feelings on the new development. These were expressed on canvas, 3D sculptures and short films.

The winners were in three categories: Ron

Palatty came first in Year Ten Stop Frame Animation with Jeffrey Porrit as runner-up; Judelle Johnson won in Year 10 Sculpture with Angelo Ramessar as runner-up, and Timothy Choi came first in Year Nine Architectural Structures with Gareth Coleman as runner-up.

Student Sebastian Amaya said: "It's a good way to portray us 13-year-olds and what we can achieve." Deputy Head Teacher Helena Mills added: "Our students are very proud of where they live and proved that Stratford is the place to be."

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, ROOM 59,
NEWHAM TOWN HALL,
EAST HAM E6 2RP

Gallery



Shivani Pabial, eight



Juanita Nayha Virk, six



Aysha Shahid, six



Alfred, six

Jokes

Why was six scared of seven?
Because seven eight nine.

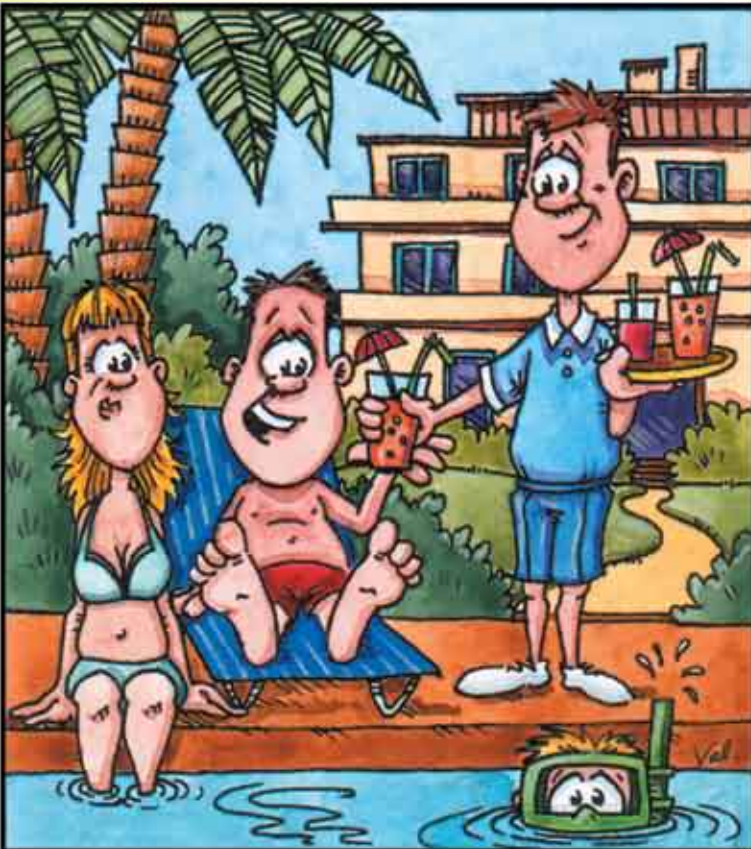
Why do birds fly to the south?
Because it's too far to walk.

What do you call a woman with one leg shorter than the other?
Eileen.

Afia Jahin Mim, ten

Spot the difference

How observant are you? Look closely at the picture on the left, then study the picture on the right to find ten differences



Answers

1. The bent straw on the right is now yellow.
2. There is an extra button on the waiter's shirt.
3. A chimney has disappeared.
4. A balcony is longer.
5. The man on the deckchair's left foot has a toe missing.
6. A drip from the snorkel has disappeared.
7. There is an extra bush.
8. There is an extra palm on the tree.
9. The man with the snorkel has lost his hair.
10. There is an extra step leading up from the path.

Private Fostering

If you have a child that lives with another family, or you are looking after someone else's child, this could be classed as a private fostering arrangement. Failure to notify the council of this is against the law and could lead to court action.

What is private fostering?

.....
If a child or young person under the age of 16 (or 18 if they have a disability), is looked after for 28 days or more by someone who is not a close relative – not a parent, sibling, step-parent, aunt,

uncle or grandparent – this is known as a private fostering arrangement.

People become private foster carers for many reasons. This can involve:

- > children who are sent from abroad to live with a family in the UK
- > children who are at boarding school and stay with another family in their school holidays
- > a teenager living with a friend's family as they are not getting along with their own family
- > children who are living with another family because their parents are unable to look after them due to separation or divorce
- > children who are living with another family because their parents are ill or in hospital for a long time.

Why do Children's Services have to be involved?

.....
The Children Act 1989 gives Children's Services a legal duty to ensure the safety and wellbeing of privately fostered children.

This includes making sure the child or teenager is safe and well looked-after, is healthy, is receiving a proper education and is encouraged and allowed to keep in touch with people who are important to them.

What should you do next?

.....
If you would like to notify us about a private fostering arrangement, or find out more about private fostering, call **020 8430 2000** or visit the website **www.newham.gov.uk/fostering** for more information.



WHAT'S ON?



28 JUNE – 12 JULY

ALL LIBRARY LISTINGS

UNDER 5s GROUPS

All open to under fives with their parents/carers.

Storytelling

Beckton Globe Every Friday 10-11am

Canning Town Every Monday 10.30-11.30am

Custom House Every Tuesday 10.15-11.15am

East Ham Every Wednesday 2-3pm

The Gate Every Friday 11am-12noon

Green Street Every Thursday 10.30-11.30am

Manor Park Every Thursday 10.30-11.30am

North Woolwich Every Thursday 2-3pm

Plaistow Every Tuesday 11am-12noon

Stratford Every Tuesday 11am-12noon and every Friday 2-3pm

Crafts Club

Manor Park Every Tuesday 10.30-11.30am

Crafts & Computer Club

Stratford Every Monday 10.30-11.30am

Toy Library

Beckton Globe Every Monday 10am-12noon and every Thursday 1-3pm

East Ham Every Tuesday 10am-12noon and every

Thursday 10am-12noon

Messy Play

Beckton Tuesdays during school term 1.30-2.30pm

Imaginative Play

East Ham Every Friday 10.30-11.30am

ADULT READING

Adult Reading Group

East Ham Tuesday 1 July 6.30-7.30pm

Plaistow Thursday 3 July 6.45-7.45pm

Tamil Reading Group

East Ham Wednesday 9 July 11am-1pm

Women-Only Urdu

Reading Group

The Gate Tuesday 8 July 5.30-7.30pm

Over 50s Reading Group

Beckton Tuesday 1 July 9.45-11.45am

OTHER GROUPS

Over 50s Club

Beckton Globe Every Tuesday 9.45-11.45am

Click-On

East Ham Friday 11 July 2-4pm

Plaistow Friday 4 July 2-4pm

YOUNG PEOPLE

Homework Club – For

young people aged seven to 14. School term only.

Beckton

Every Tuesday 4-6pm

Canning Town

Every Saturday 10am-12noon

Custom House

Every Saturday 10am-12noon

East Ham Every Monday 4-6pm

The Gate Every Thursday 4-6pm

Green Street

Every Tuesday 4-6pm

Manor Park

Every Saturday 10am-12noon

North Woolwich Every

Thursday 3.30-5.30pm

Plaistow Every

Thursday 4-6pm

Stratford Every Monday 4-6pm

Children's Games Club –

For children aged five to 12.

Canning Town Thursday 10

July 4-6pm

Games Club – PS2 and Xbox

games, music, board games and more activities for ages eight to 13.

Custom House Every

Saturday 2-4pm

East Ham Every Tuesday

3.30-5.30pm

Manor Park Every

Thursday 4-6pm

Teenage Games Club –

PS2 and Xbox games, music, board games and more activities for ages 12 to 16.

Beckton Globe Every Monday and Wednesday 3-5pm

Family Reading Group –

A chance for children aged five to 11 and their families to read together and have fun.

The Gate Saturday 28 June 2.30-4pm

Teen Xtra Evenings – Free activities for young people aged 12 to 21.

The Gate Every Friday 6-8pm

LIBRARY ADDRESSES

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063

Canning Town Barking Road, E16 4HQ. 020 7476 2696

Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565

East Ham High Street South, E6 6EL. 020 8430 3647

The Gate 4-20 Woodgrange Road, Forest Gate E7 0QH. 020 8430 3838

Green Street 337-341 Green Street, E13 9AR. 020 8472 4101

Manor Park Romford Road, E12 5JY. 020 8430 2207

North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900

Plaistow North Street, E13 9HL. 020 8472 0420

Stratford 3 The Grove, E15 1EL. 020 8430 6890

Archives and Local Studies: 020 8430 6881



ESTATE BASED SPORTS

Sessions are open to 12-18 year-olds, free unless otherwise stated and for all abilities. For more information call 020 8430 2484 or visit www.newham.com/2012Games

Athletics

Every Friday 4.30-6pm, eight-19 years, Drapers Field

Basketball

For ages eight-19 unless otherwise stated.

Leyton Orient Community Sports Programme (LOCSP)

Every Monday 4.30-6.30pm Winsor Park

Every Monday 7-9pm Froud Community Centre

Every Tuesday 5-7pm Royal Victoria Gardens

Every Tuesday 7.30-9pm Plaistow Park

Every Wednesday 5-7pm Memorial Park

Every Wednesday 5-6.30pm

New Beckton Park

Every Thursday 4.30-6.30pm Priory Park

Every Thursday 5.30-7.30pm

Barking Road Rec

Every Friday 5-6.45pm

Forest Gate Youth Centre

Every Friday 5-7pm

Lister Gardens Park

Newham All Stars Sports Academy (NASSA)

Term time only. For more information please contact Natasha Hart on 020 8519 3961.

Every Tuesday

4.30-6pm, girls 11-16 years

Sarah Bonnell School

Every Thursday

6-8pm, 12-16 years

Cumberland Sports College

Every Friday

4.15-5.30pm, eight-11 years

5.30-7.30pm, 12-16 years

Cumberland Sports College

Every Saturday

11am-1pm, eight-11 years

Sarah Bonnell School

Youngbloods Basketball Club

For more information please contact Caroline Charles 07958 307657 or Steven on 07940 111175.

Every Tuesday 6-8pm, under-15s and under-14s

East Ham Leisure Centre

Every Tuesday 8-10pm, under-18 and under-16 boys

East Ham Leisure Centre

Every Tuesday 5.30-7.30pm, under-16s and under-15s

Newham Leisure Centre

Every Thursday 6-8pm, under-15 boys national league

Newham Leisure Centre

Every Saturday 1-3pm, under-13s and minis

East Ham Leisure Centre

Cricket

Every Thursday

5-7pm, eight-to-16 years

Newham Cricket Club

Langdon School

£1 per session

Every Tuesday

5.30-7pm, eight-to-19 years

Score Indoor Complex

Every Thursday

4.30-6pm, eight-to-19 years

Drapers Field

Football

Every Monday 6-8pm

Plaistow Park

Every Tuesday 5.30-7.30pm

Little Ilford Ball Cage

Every Tuesday 5-7pm

Stratford Park

Every Tuesday 5-7pm

Phoenix Cage

Every Wednesday

4.30-6.30pm

Royal Victoria Gardens

Every Wednesday

5-7pm, eight to 19 years

Stratford Park

Every Wednesday

7.30-9.30pm, 16+ years

(£2 charge)

Score Complex

Every Thursday 5-7pm

Scud Park Ball Cage

Every Thursday 6-8pm

Forest Gate Youth Centre

Every Friday

4-5.30pm (term time only)

St John's Community Centre

Every Friday 6-8pm

Priory Park Ball Cage

Every Saturday

2-4pm, six to 14 years (£3 charge) Score Complex

Ascension Football Academy

For more information please contact Louise on 07841 749292.

Every Saturday

School years R-3:

9.30-10.30am

School years 4-7:

10.45-11.45am

School years 8-11:

12noon-1.30pm

£2.50 per child per session

King George V Park

Estates Football and Basketball League

Every Monday

6-8pm, under-14s and under-17s

Score Complex Hard Court

Every Tuesday 5.30-7pm,

under-12s and under-14s

Drapers Field

Every Friday 6-8pm,

under-14s and under-17s

Leyton Manor Park

Football and Basketball

Every Monday 4.30-6.30pm

Winsor Park

Every Wednesday 5-7pm

New Beckton Park Ball Cage

Every Wednesday

4.30-6.30pm

Ford Park

Every Wednesday 6-8pm

Plasnet Park

Every Thursday 4.30-6.30pm

Priory Park Ball Cage





Every Thursday 5.30-7.30pm
Barking Road Rec
Every Friday 5-7pm
Lister Gardens Park
Every Friday 5-7pm
Canning Town MUGA

Multi-Sports

Every Monday
5-7pm, eight to 19 years
Langthorne Park
Every Monday
5-7pm, eight to 19 years
Alma Street MUGA
Every Tuesday 4-5pm
Carpenters and Docklands
Centre (term time only)
Every Tuesday
5-7pm, eight to 19 years
Stratford Park
Every Wednesday 4-5pm
Carpenters and Docklands
Centre (term time only)
Every Wednesday

5-7pm, eight to 19 years
The CAGE (Chatsworth Active
Games Enclosure)
Every Wednesday 5-7pm
Stratford Park
Every Wednesday
4-6pm, 10 to 19 years
Cann Hall Park
Every Wednesday
5-7pm, eight to 19 years
Major Road Ball Park
Every Thursday
5-7pm, eight to 19 years
The CAGE

Stratford Table Tennis Club

Every Wednesday
6.30-9.30pm
Stratford Secondary School

Eastlea Handball Club

Every Thursday 4-5pm
11 to 18 years

Eastlea School
Every Thursday 5-6pm
four to 11 years
Eastlea School

Stratford Handball Club

Every Monday 3.15-4.15pm
11 to 18 years
Stratford Secondary School
Mondays 4.30-5.30pm
four to 11 years
Stratford Secondary School

Venue Addresses

Alma Street MUGA
Stratford E15
Barking Road Rec
Burgess Road, East Ham E6
The CAGE (Chatsworth Active
Games Enclosure) Cruickshank
Road, Stratford E15
Cann Hall Park
Off Cann Hall Road, E11
Canning Town MUGA
Corner of Freemasons Road
and Sophia Road, E16
Carpenters and
Docklands Centre
98 Gibbins Road, Stratford
E15 2HU
Cumberland School
Sports College
Oban Close, Plaistow E13 8SJ
Drapers Field
Temple Mills Lane, off Leyton
High Road, E15
East Ham Leisure Centre
324 Barking Road,
East Ham E6 2RT
Ford Park, Canning Town, E16
Forest Gate Youth Centre

Woodgrange Road, E7
Froud Centre
Toronto Avenue,
Manor Park E12 5JF
Langthorne Park
Off Leytonstone High
Road, E11
Leyton Manor Park
Off Capworth Street,
Leyton E10
Lister Gardens Park
Corner of Upper Road and
Florence Road, Plaistow E13
Little Ilford Ball Cage
Reynolds Avenue,
Manor Park E12
Major Road Ball Cage
Stratford E15
Memorial Park
West Ham E15
New Beckton Park Ball Cage
Savage Gardens, Beckton E6
Newham Leisure Centre
281 Prince Regent Lane,
Plaistow E13 8SD
Phoenix Cage
Milner Road, West Ham E13
Plaistow Park
Balaam Street, Plaistow E13
Plasnet Park
Woodhouse Grove,
East Ham E6
Priory Park Ball Cage
William Morley Close,
Upton Park E13
Royal Victoria Gardens
Pier Road, North
Woolwich E16
Sarah Bonnell School
Deanery Road,
Stratford E15 4LP
Score Complex
100 Oliver Road
Leyton E10 5JY
Scud Park Ball Cage
Tant Avenue,
Canning Town E16
Stratford Park
Densham Road,
Stratford E15
St John's Community Centre
Albert Road, North
Woolwich E16
Winsor Park, Warwall,
Beckton E6





ALL OTHER LISTINGS

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Mondays at Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School from 4 to 5.30pm

Multi-Activities

People with Disabilities Club, Tuesdays at Newham Leisure Centre from 10.30am to 12midday

Swimming

People with Disabilities Club, Tuesdays at Newham Leisure Centre from 3 to 5pm
Newham Otters Swimming Club, Saturdays at Newham Leisure Centre from 4.45 to 5.45pm
Real Life Parenting, Sundays at Balaam Leisure Centre from 12midday to 2pm
Newham Swim School; 12 week course for disabled young people from 6 May to 22 July at Newham Leisure Centre from 4.30 to 5.30pm. £20 for the full course

Trampolining / Fitness / Swimming

SEN and disabled adults at Newham Leisure Centre, Tuesdays from 10am to 4pm

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30 to 3.30pm. To book an induction you must contact Andrew

Nippard on 020 7511 4477

New Age Kurling

Wednesdays from 30 April to 2 July at Newham Leisure Centre, 4 to 5.30pm. FREE

Goalball

First Thursday of the month at Newham Club, Brompton Manor School from 5 to 7pm

Trampolining

Fridays at Newham Leisure Centre from 4 to 5pm. Please book places in advance due to limited places. Call Andrew Nippard on 020 7511 4477 or email andrew.nippard@newham.gov.uk

Wheelchair Football

West Ham United Power Wheelchair Football Club, Saturdays at Eastlea Community School from 1 to 2pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am to 12midday

OTHER EVENTS

Stratford Circus

Eastside Stories Showcase

Urban Development

A show run by young people, for young people, inspired by urban culture and full of undiscovered talent and established artists for the

whole community to enjoy. For information on the line-up check out www.myspace.com/eastsidestories or email dv8fusion@yahoo.co.uk

Friday 4 July; 8pm

Tickets £8/£5

Media Showcase

NewVlc and Circus Media

An event showcasing media and films made by Newham's young people. The evening will include media work from NewVlc, films made by Stratford Circus in partnership with local schools and work from Circus Media.

Wednesday 9 July; 7pm

Ticket Prices: £2/£1

Small Dances

East London Dance

An evening of original dance especially created to celebrate Big Dance 2008. Small and stunning, this promises to be an evening of enormous quality. New creations, scratch performances, surprises - expect the unexpected!

Saturday 12 July; 8pm

Tickets £12/£8

Box Office and Bookings

Tickets must be booked in advance. Booking for these events is through the Stratford Circus box-office on 020 8279 1015 or through the website at www.stratford-circus.com
Stratford Circus, Theatre Square, Stratford, E15

Green Gym

Get fit for FREE in the great outdoors, while meeting friendly people and helping to restore and maintain the East Ham Nature Reserve, one of the borough's most treasured green spots.

Every Wednesday and every second Saturday (next Saturday session 5 July); 10am to 1pm at East Ham Nature Reserve, entrance Norman Road. Contact 020 8471 4257 or mjw1@onetel.com for more information.

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to Mayor Sir Robin Wales at Newham Town Hall, Barking Road, East Ham E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email communityforums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.com/2012Games

To report anti-social behaviour call Newham's 24-hour hotline on 0800 731 3300

To speak to the editor of The Newham Mag, call Anita Plaha on 020 8430 2000 or email newham.mag@newham.gov.uk



Fostering

Change a child's future



Call Newham Fostering and Adoption Service
on 0800 0130 393 to find out more.

www.newham.gov.uk/aboutus/fosteringquestions

SATURDAY
JULY
12
2-8PM



SUNDAY
JULY
13
2-8PM

Newham's free Summer Of Fun!

THE MAYOR'S NEWHAM SHOW

**12-13 JULY • CENTRAL PARK,
HIGH STREET SOUTH, EAST HAM E6**

**PLUS SPECTACULAR CARNIVAL
STARTS 2PM SATURDAY AT THE SHOWGROUND**

FUN FOR ALL THE FAMILY

FREE

www.newham.com/summer 020 8430 2000

NO PUBLIC PARKING PLEASE USE PUBLIC TRANSPORT

Tube: East Ham Station

Buses: 58, 101, 104, 115 to Central Park; 5, 147, 238 to Barking Road

♿ Parking, toilets and access. For more information 020 8430 2000

THIS EVENT TAKES PLACE ON GRASS. YOU MAY BE SEARCHED AS A CONDITION OF ENTRY. NO GLASS BOTTLES OR DOGS.